Understanding the interplay between Pauli blocking, dipolar interactions and atomic motion in a long-lived 2D Fermi gas

### Radiative decay one of the most fundamental and ubiquitous processes in nature



Fireflies

. . .

- Laser diodes
- Gamma decay of nuclei



# Systems of matter and light

level structure





# Systems of matter and light







#### Momentum-Kick

- Laser-Cooling
- Momentum resolved scattering

#### Internal state

- optical control
- optical potentials
- Stark shifts
- atomic clocks

### Light part

- mode-spectrum
- wave-guides

# Engineering of atom-light coupling

$$egin{aligned} \mathcal{H} &= \mathcal{H}_{
m M} + \mathcal{H}_{
m L} + \mathcal{H}_{
m LM} \ \mathcal{H}_{
m LM} &\sim e^{i \mathbf{q} \hat{\mathbf{R}}} \hat{\sigma}^+(\hat{\mathbf{R}}) \hat{a}_{\mathbf{q}} + c.c. \end{aligned}$$

#### Light part

- change field spectrum
- Purcell effect
- Cavity QED, waveguide QED

#### atomic motional spectrum

- optical potentials
- confinement

#### Level Structure

- multi-levels systems
- dressing of internal states
- allowed/forbidden transitions

#### Available states

- Quantum-Statistics
- Pauli blocking
- Bose enhancement

### **Recent Experimental Results**

Observation of reduced light-scattering from atomic ensembles

- ▶ Ye et al, "Pauli blocking of atomic spontaneous decay" (3.3.2021)
- ▶ Ketterle et al, "Pauli blocking of light scattering in degenerate fermions" (11.3.2021)
- Kjærgaard et al, "Observation of Pauli blocking in light scattering from quantum degenerate fermions" (3.3.2021)

# Experimental Work II



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<sup>1</sup> Ye et al (2021)

## Experimental Work II



### Missing Piece

Observation of Pauli blocking/enhanced lifetimes in population measurements

### Challenge

- Transition/Decay has to be slow to be measured!
- ▶ then: motional, interaction and dipolar time-scales are comparable
- $\blacktriangleright$   $\rightarrow$  need to treat all properly

# Basic idea of Pauli-Blocking of spontaneous decay



## Scenario

- excited atom in momentum k embedded in a Fermi-Sea
- decays onto states with  $\mathbf{q} = \mathbf{k} + \mathbf{k}_{\mathbf{r}}$
- blocked if state q occupied

### Consequences

Emission is directional

#### **Relevant Scales**

- ► Size of Fermi Sea: k<sub>F</sub>, N
- ▶ momentum kick/recoil: ratio  $k_r/k_F$

# Non-interacting description

### **Basic assumptions**

- non-interacting particles
- single excitation
- 🕨 Fermi sea

### Scales

- ▶ k<sub>0</sub> recoil momentum
- *k<sub>F</sub>* Fermi-momentum
- $\mathbf{k}_L = k_0 \mathbf{e}_x$ : excitation "kick" by laser

## Initial State

- FS with one hole at k<sub>i</sub>, and one excitation at k<sub>i</sub> + k<sub>L</sub>
- will ignore presence of hole

### Final State

 excitation decays to a momentum on a sphere with radius k<sub>0</sub> (weighted by emission pattern of transition)

# Semi-Classics<sup>1</sup>

$$S(\mathbf{k}) = \frac{h^{-3} \int d^3 \mathbf{p} d^3 \mathbf{q} \, n_{FD,i}(\mathbf{p}, \mathbf{q}) \left[1 - n_{FD,f}(\mathbf{p} + \hbar(\mathbf{k} + \mathbf{k}_L), \mathbf{q})\right]}{h^{-3} \int d^3 \mathbf{p} d^3 \mathbf{q} \, n_i(\mathbf{p}, \mathbf{q})}$$
$$M = \int d^2 k \, P(\mathbf{k}) S(\mathbf{k})$$
$$n_{FD}(\mathbf{p}, \mathbf{q}) = \frac{1}{1 + 1/z \, e^{\beta \left[\sum_i m \omega_i^2 q_i^2 / 2 + \sum_i p_i^2 / (2m)\right]}}$$

uses semi-classical phase space formulation

- ▶ have to add in dipole-emission pattern  $P(\mathbf{k})$  "by-hand"
- cannot include interactions

<sup>&</sup>lt;sup>1</sup> Thywissen et al. (2009), Zoller et al (1998), Busch et al (2009)

## Fundamental Challenge of Interactions

In the regime of strong Pauli blocking interactions are not negligible

Pauli-Blocking

Need:  $k_F/k_0 \gtrsim 1$ 

OD Scaling (3D)  
Want: 
$$OD = \int dz \, n \sigma \ll 1$$
  
 $\sigma \sim \lambda^2 \sim 1/k_0^2$   
 $n \sim k_F^3$   
 $OD \sim k_F (k_F/k_0)^2 \gg 1$ 

## Current State of affairs

can describe non-interacting Pauli-Blocking

 $\blacktriangleright Strong Pauli blocking \leftrightarrow interacting regime$ 

 $\blacktriangleright$  can describe interacting atoms (without motion)  $\rightarrow$  frozen-atom coupled dipole

► Correct description of Pauli blocking ↔ motion (momentum-kick)

#### Ambitious Goal

Understand the interplay of **Pauli blocking, dipolar interactions and motion** in quantum degenerate Fermi gases

# Our System/Jun's work II



### **Key-Properties**

- Strong 2D confinement/Lamb-Dicke
  - no initial momentum kick
  - smaller state space
- Λ level structure
  - only 3 internal levels
  - ► useful  $\Gamma_{00}/\Gamma_{11}$ -ratio
  - can decouple excited and blocking species





Multi-level dipolar master equation

1

$$\dot{\hat{
ho}} = -i\left[\hat{H},\hat{
ho}
ight] + \mathcal{L}(\hat{
ho})$$

<sup>1</sup> Asier

$$\hat{H} = -\sum_{\alpha,\beta} \int d\mathbf{r} d\mathbf{r}' \left( \mathbf{d}_{\alpha} \cdot \operatorname{Re} \, G(\mathbf{r} - \mathbf{r}') \cdot \bar{\mathbf{d}}_{\beta} \right) \hat{\sigma}_{eg_{\alpha}}(\mathbf{r}) \hat{\sigma}_{g_{\beta}e}(\mathbf{r}') \tag{1}$$

$$\mathcal{L}(\hat{\rho}) = -\sum_{\alpha,\beta} \int d\mathbf{r} d\mathbf{r}' \left( \mathbf{d}_{\alpha} \cdot \operatorname{Im} \, G(\mathbf{r} - \mathbf{r}') \cdot \bar{\mathbf{d}}_{\beta} \right) \left( \left\{ \hat{\sigma}_{eg_{\alpha}}(\mathbf{r}) \hat{\sigma}_{g_{\beta}e}(\mathbf{r}'), \hat{\rho} \right\} - 2 \hat{\sigma}_{g_{\beta}e}(\mathbf{r}') \hat{\rho} \hat{\sigma}_{eg_{\alpha}}(\mathbf{r}) \right) \tag{2}$$

$$G(\mathbf{r}) = \frac{3\Gamma}{4} \left\{ \left[ \mathbf{I} - \hat{\mathbf{r}} \otimes \hat{\mathbf{r}} \right] \frac{e^{ik_0 r}}{k_0 r} \left[ \mathbf{I} - 3\hat{\mathbf{r}} \otimes \hat{\mathbf{r}} \right] \left[ \frac{ie^{ik_0 r}}{(k_0 r)^2} - \frac{e^{ik_0 r}}{(k_0 r)^3} \right] \right\},\tag{3}$$

• Expand ME in single-particle basis  $\psi^{\dagger}(\mathbf{r}) = \sum_{\mathbf{k}} \bar{\phi}_{\mathbf{k}} c_{\mathbf{k}}^{\dagger}$ 



- ▶ only keep "resonant" terms  $(ijkl) \rightarrow (ij, ij)$  or  $(ijkl) \rightarrow (ij, ji)$
- "spin-model like"

# Expansion in k-basis

$$\hat{H} = \sum_{\alpha,\beta} \sum_{\mathbf{ijkl}} \Delta_{\alpha\beta}^{\mathbf{ij,kl}} \hat{c}^{\dagger}_{e,\mathbf{i}} \hat{c}^{\dagger}_{g_{\beta},\mathbf{k}} \hat{c}_{g_{\alpha},\mathbf{j}} \hat{c}_{e,\mathbf{l}}, \qquad (4)$$

$$\mathcal{L}(\hat{\rho}) = -\sum_{\alpha,\beta} \sum_{\mathbf{ijkl}} \Gamma_{\alpha\beta}^{\mathbf{ij},\mathbf{kl}} \left( \left\{ \hat{\sigma}_{eg_{\alpha}}^{\mathbf{ij}} \hat{\sigma}_{g_{\beta}e}^{\mathbf{kl}}, \hat{\rho} \right\} - 2 \hat{\sigma}_{g_{\beta}e}^{\mathbf{kl}} \hat{\rho} \hat{\sigma}_{eg_{\alpha}}^{\mathbf{ij}} \right), \tag{5}$$

$$\Delta_{\alpha\beta}^{\mathbf{ij,kl}} = \int d\mathbf{r} d\mathbf{r}' \,\bar{\phi}_{\mathbf{i}}(\mathbf{r}) \phi_{\mathbf{j}}(\mathbf{r}) \operatorname{Re} G_{\alpha\beta}(\mathbf{r} - \mathbf{r}') \,\bar{\phi}_{\mathbf{k}}(\mathbf{r}') \phi_{\mathbf{l}}(\mathbf{r}'), \tag{6}$$

$$\Gamma_{\alpha\beta}^{\mathbf{j},\mathbf{k}\mathbf{l}} = \int d\mathbf{r} d\mathbf{r}' \,\phi_{\mathbf{i}}(\mathbf{r})\phi_{\mathbf{j}}(\mathbf{r}) \operatorname{Im} G_{\alpha\beta}(\mathbf{r}-\mathbf{r}') \,\phi_{\mathbf{k}}(\mathbf{r}')\phi_{\mathbf{l}}(\mathbf{r}'), \tag{7}$$

$$G(\mathbf{r}) = \frac{3\Gamma}{4} \left\{ \left[ \mathbf{I} - \hat{\mathbf{r}} \otimes \hat{\mathbf{r}} \right] \frac{e^{ik_0 r}}{k_0 r} \left[ \mathbf{I} - 3\hat{\mathbf{r}} \otimes \hat{\mathbf{r}} \right] \left[ \frac{ie^{ik_0 r}}{(k_0 r)^2} - \frac{e^{ik_0 r}}{(k_0 r)^3} \right] \right\},\tag{8}$$

## Master equation in momentum space

#### Multi-level dipolar master equation

$$\dot{\hat{
ho}} = -i\left[\hat{H},\hat{
ho}
ight] + \mathcal{L}(\hat{
ho})$$

$$\hat{H} = \sum_{\alpha,\beta} \left( \sum_{\mathbf{k},\mathbf{q}} \Delta_{\alpha\beta}^{\mathbf{k}\mathbf{k},\mathbf{q}\mathbf{q}} \hat{c}_{e,\mathbf{k}}^{\dagger} \hat{c}_{g\beta,\mathbf{q}}^{\dagger} \hat{c}_{g\alpha,\mathbf{k}} \hat{c}_{e,\mathbf{q}} + \sum_{\mathbf{k}\neq\mathbf{q}} \Delta_{\alpha\beta}^{\mathbf{k}\mathbf{q},\mathbf{q}\mathbf{k}} \hat{c}_{e,\mathbf{k}}^{\dagger} \hat{c}_{g\beta,\mathbf{q}}^{\dagger} \hat{c}_{g\alpha,\mathbf{q}} \hat{c}_{e,\mathbf{k}} \right)$$

$$\mathcal{L}(\hat{\rho}) = -\sum_{\alpha,\beta} \left( \sum_{\mathbf{k},\mathbf{q}} \Gamma_{\alpha\beta}^{\mathbf{k}\mathbf{k},\mathbf{q}\mathbf{q}} \left( \left\{ \hat{\sigma}_{eg\alpha}^{\mathbf{k}\mathbf{k}} \hat{\sigma}_{g\beta e}^{\mathbf{q}\mathbf{q}}, \hat{\rho} \right\} - 2\hat{\sigma}_{g\beta e}^{\mathbf{q}\mathbf{q}} \hat{\rho} \hat{\sigma}_{eg\alpha}^{\mathbf{k}\mathbf{k}} \right)$$

$$+ \sum_{\mathbf{k}\neq\mathbf{q}} \Gamma_{\alpha\beta}^{\mathbf{k}\mathbf{q},\mathbf{q}\mathbf{k}} \left( \left\{ \hat{\sigma}_{eg\alpha}^{\mathbf{k}\mathbf{q}} \hat{\sigma}_{g\beta e}^{\mathbf{q}\mathbf{k}}, \hat{\rho} \right\} - 2\hat{\sigma}_{g\beta e}^{\mathbf{q}\mathbf{k}} \hat{\sigma} \hat{\sigma}_{eg\alpha}^{\mathbf{k}\mathbf{q}} \right) \right)$$

$$(10)$$

## ME in momentum space



Ultimately, we'd like to describe a trapped gas





### Consequences

- Different density of states
- Need to choose A properly to approximate trapped gas

## Equations of motion

Focus on momentum diagonal elements  $ho_{\mathbf{q}\mathbf{q}}^{\mu
u} = \left\langle \hat{c}_{\mu,\mathbf{q}}^{\dagger}\hat{c}_{\nu,\mathbf{q}}\right\rangle$ 

Key approximation

Factorise 4 operator products

$$\langle \hat{c}_{\mu,\mathbf{i}}^{\dagger} \hat{c}_{\nu,\mathbf{j}}^{\dagger} \hat{c}_{\mu',\mathbf{k}} \hat{c}_{\nu',\mathbf{l}} \rangle \approx \delta_{\mathbf{i}\mathbf{l}} \delta_{\mathbf{j}\mathbf{k}} \langle \hat{\sigma}_{\mathbf{i}\mathbf{l}}^{\mu\nu'} \rangle \langle \hat{\sigma}_{\mathbf{j}\mathbf{k}}^{\nu\mu'} \rangle - \delta_{\mathbf{i}\mathbf{k}} \delta_{\mathbf{j}\mathbf{l}} \langle \hat{\sigma}_{\mathbf{i}\mathbf{k}}^{\mu\mu'} \rangle \langle \hat{\sigma}_{\mathbf{j}\mathbf{l}}^{\nu\nu'} \rangle,$$

### Justification

- Initial state has no momentum off-diagonal correlations
- valid at short times

## Evolution of the excited state

$$\frac{d\rho_{\mathbf{qq}}^{\mathrm{ee}}}{dt} = \sum_{\alpha} \sum_{\mathbf{k}} -2(1-\rho_{\mathbf{kk}}^{g_{\alpha}g_{\alpha}})\rho_{\mathbf{qq}}^{\mathrm{ee}}\Gamma_{\alpha\alpha}^{\mathbf{kq},\mathbf{qk}} 
+ \sum_{\alpha,\beta} \sum_{\mathbf{k}} i\left(\rho_{\mathbf{qq}}^{eg_{\alpha}}\rho_{\mathbf{kk}}^{g_{\beta}e}\mathcal{G}_{\alpha\beta}^{\mathbf{qq},\mathbf{kk}} - \rho_{\mathbf{qq}}^{g_{\beta}e}\rho_{\mathbf{kk}}^{eg_{\alpha}}\bar{\mathcal{G}}_{\alpha\beta}^{\mathbf{qq},\mathbf{kk}}\right)$$
(11)

#### Key Observation

- ► First Line → Pauli blocked decay
  - $\blacktriangleright |e, \mathbf{q}, n_{0,z}\rangle \rightarrow |g_{\alpha}, \mathbf{k}, n_{0,z}\rangle \text{ mediated by } \Gamma_{\alpha\alpha}^{\mathbf{qk}, \mathbf{kq}}$
  - ▶ Pauli suppressed by  $1 \rho_{\mathbf{kk}}^{g_{\alpha}g_{\alpha}}$
- ► Second Line → Super/Sub-radiance and cooperative effects
  - depends on coherences  $\rho^{eg_{\alpha}}$
  - ► has coherent and incoherent part:  $\mathcal{G}_{\alpha\beta}^{\mathbf{kk},\mathbf{qq}} = \Delta_{\alpha\beta}^{\mathbf{kk},\mathbf{qq}} + i\Gamma_{\alpha\beta}^{\mathbf{kk},\mathbf{qq}}$

$$\begin{aligned} \mathsf{ME} \\ \frac{d\rho_{\mathbf{qq}}^{ee}}{dt} &= \sum_{\alpha} \sum_{k} -2(1 - \rho_{\mathbf{kk}}^{g_{\alpha}g_{\alpha}})\rho_{\mathbf{qq}}^{ee} \mathsf{\Gamma}_{\alpha\alpha}^{\mathbf{kq},\mathbf{qk}} \end{aligned}$$

#### Semi-Classics

$$\int d^2 \mathbf{k} n_{FD}(\mathbf{p},\mathbf{r}) \left[1 - n_{FD}(\mathbf{p} + \hbar \mathbf{k},\mathbf{r})\right]$$

### Advantages

- valid for multi-level systems
- valid for generic geometries

## Some Intuition

$$\frac{d\rho_{\mathbf{qq}}^{\mathrm{ee}}}{dt} = \sum_{\alpha} \sum_{\mathbf{k}} -2(1-\rho_{\mathbf{kk}}^{\mathbf{g}_{\alpha}\mathbf{g}_{\alpha}})\rho_{\mathbf{qq}}^{\mathrm{ee}}\Gamma_{\alpha\alpha}^{\mathbf{kq},\mathbf{qk}}$$



### Decay process

- Γ<sup>kq,qk</sup><sub>αα</sub> mediates the decay of an atom e with momentum k
- $\blacktriangleright$  to  $g_{lpha}$  at momentum  ${f q}$
- ▶ if  $|\mathbf{k} \mathbf{q}| \le k_0$  (2D)

### Consequences

- Highly imbalanced FS useful
- ▶ high occupation  $\rightarrow$  large Pauli blocking
- ▶ Dependence on  $k_F$  and  $T/T_F$
- dimensionality matters!



### Advantages

- removes trivial N<sub>ee</sub> scaling
- Our approximations are good at  $t \rightarrow 0$
- simple, single parameter to study
- don't have to care about complex long-time dynamics

## 2D versus 3D



### Why 2D is better

- no momentum kick in 2D
- mean-occupation higher in 2D due to density of states

# Ramsey Protocol



Initial State:  $\prod_{\mathbf{k}} n_0(\mathbf{k}) \left( \cos(\theta/2) | g_0, \mathbf{k}, n_{0,z}^{FD} \rangle + \sin(\theta/2) | e, \mathbf{k}, n_{0,z} \rangle \right) \otimes \prod_{\mathbf{k}} n_1^{FD}(\mathbf{k}) | g_1, \mathbf{k}, n_{0,z} \rangle$ 

## Interplay of Pauli blocking and interactions



# Interplay of Pauli blocking and interactions

$$\begin{split} \mathsf{EOM} \\ \frac{d\rho_{\mathbf{qq}}^{\mathrm{ee}}}{dt} &= \sum_{\alpha} \sum_{k} -2(1 - \rho_{\mathbf{kk}}^{g_{\alpha}g_{\alpha}})\rho_{\mathbf{qq}}^{\mathrm{ee}} \mathsf{\Gamma}_{\alpha\alpha}^{\mathbf{kq},\mathbf{qk}} \\ &+ \sum_{\alpha,\beta} \sum_{k} i\left(\rho_{\mathbf{qq}}^{eg_{\alpha}} \rho_{\mathbf{kk}}^{g_{\beta}e} \mathcal{G}_{\alpha\beta}^{\mathbf{qq},\mathbf{kk}} - \rho_{\mathbf{qq}}^{g_{\beta}e} \rho_{\mathbf{kk}}^{eg_{\alpha}} \bar{\mathcal{G}}_{\alpha\beta}^{\mathbf{qq},\mathbf{kk}}\right) \end{split}$$

Initial State

$$\prod_{\mathbf{k}} n_0(\mathbf{k}) \left( \cos(\theta/2) | g_0, \mathbf{k}, n_{0,z}^{FD} \rangle + \sin(\theta/2) | e, \mathbf{k}, n_{0,z} \rangle \right) \otimes \prod_{\mathbf{k}} n_1^{FD}(\mathbf{k}) | g_1, \mathbf{k}, n_{0,z} \rangle$$

Pauli-Blocking

$$ho^{g_0g_0}\sim\cos( heta/2)^2$$

Cooperative Effects

$$ho^{eg_0}
ho^{g_0e}/
ho^{ee}\sim\cos( heta/2)^2$$

## Interplay of Pauli blocking and interactions



- Non-interacting ME shows stronger Pauli blocking at low θ
- interacting ME shows enhanced decay rate at low θ (for large enough N)

## FA approximation atom versus ME in k-space



- Frozen atom captures super-radiant enhancement
- fails to capture Pauli blocking

## Role of Imbalance



Highly imbalanced FS allow strong Pauli blocking

while minimizing cooperative effects

## Extension to 1D lattice



### 1D optical lattice

- Slice 3D gas into stack of 2D pancakes
- Dipolar exchange between pancakes
- ▶ Distribution  $N_i$  over pancakes i
- $T/T_{F,i}$  different in each pancake
- in-plane size different in each pancake

## Comparison with Experiment



- Theory consistent with experiment in highly imbalanced regime
- weak  $\theta$  dependence for imbalanced case  $\rightarrow$  interactions not important

# **Real-Time Dynamics**



▶ recall:  $\Gamma^{-1} \sim 22 \mu s$ 

• for  $t\Gamma \lesssim 3-5$  consistent with single exponential

▶  $t \rightarrow 0$  limit well justified here

## Conclusions

### Summary

- Developed ME in k-space
- captures Pauli blocking and main cooperative effects
- applicable to multi-level and generic geometries
- consistent with experimental data

## **Open Questions**

- Long time behaviour
- Future experiments to conclusively observe this!